



National Health and Nutrition Examination Survey

From the CENTERS FOR DISEASE CONTROL AND PREVENTION/National Center for Health Statistics

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U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES
Centers for Disease Control and Prevention
National Center for Health Statistics



NHANES - Sexually Transmitted Disease (STD) Tests

<i>STD</i>	<i>Symptoms</i>	<i>Treatment</i>	<i>Things to Know</i>
HIV/AIDS (virus)	<ul style="list-style-type: none"> ➤ None or mild flu like symptoms when first infected ➤ With onset of AIDS, many years after infection, long lasting cough, unexplained weight loss, diarrhea, fever etc. 	<ul style="list-style-type: none"> ➤ Treatment is available to slow or stop the progression of disease ➤ Many serious AIDS-related infections can be prevented by medicine 	<ul style="list-style-type: none"> ➤ Early treatment can delay serious disease ➤ Treatment of a pregnant HIV positive woman can reduce the chance of giving the infection to her baby
Gonorrhea (clap, drip, GC) (bacteria)	<ul style="list-style-type: none"> ➤ Most women and many men have no symptoms ➤ Women: Vaginal discharge, burning when you urinate or pain in lower abdomen ➤ Men: A drip of pus from penis; burning or pain when you urinate (pee) 	<ul style="list-style-type: none"> ➤ Can be cured with medicine ➤ Sex partners need to be treated 	<ul style="list-style-type: none"> ➤ If not treated, can lead to more serious problems ➤ Can cause a woman to be infertile ➤ A mother can give the infection to her baby ➤ Infection of heart, joints, and even the brain can occur
Chlamydia (bacteria)	<ul style="list-style-type: none"> ➤ Most women and many men have no symptoms ➤ Women: Vaginal discharge, burning when you urinate or pain in lower abdomen ➤ Men: A drip of pus from penis; burning or pain when you urinate (pee) 	<ul style="list-style-type: none"> ➤ Can be cured with medicine ➤ Sex partners need to be treated 	<ul style="list-style-type: none"> ➤ If not treated, can lead to more serious problems ➤ Can cause a woman to be infertile ➤ A mother can give the infection to her baby ➤ Reproductive organs can be damaged (Pelvic Inflammatory Disease)
Genital Herpes (virus)	<ul style="list-style-type: none"> ➤ Some people have mild or no symptoms ➤ Painful blisters or sores ➤ Pain when you urinate (pee) ➤ Swollen glands in groin area and fever 	<ul style="list-style-type: none"> ➤ Herpes can not be cured but medicine can reduce symptoms 	<ul style="list-style-type: none"> ➤ Symptoms go away and come back at any time ➤ Infected persons are most likely to transmit the infection when they have symptoms, but they can also transmit when they don't have symptoms ➤ Sometimes a mother can give herpes to her infant during childbirth ➤ Will not cause long term physical damage

Your participation is giving researchers valuable information about the number of people in this country who are infected with sexually transmitted diseases (STD). In order to get accurate numbers, we test all survey participants in your age group, even if you are not at risk for getting these diseases.

Your test results are completely confidential and will **not** be reported to your doctor, family, employers, insurers, or intimate contacts. Test results are given only to you. Four weeks after the exam, you may call our health educator toll free at **1-888-301-2360** for your STD result (including HIV testing for those age 18-49 years). You must provide your name and password before any results are given out. Please make sure you remember this password when you call. If a health problem is identified, you will be told how to get evaluated and treated.

Other phone numbers you can call:

National STD Hotline

1-800-227-8922

or the AIDS Hotline

1-800-342-AIDS

NCHS Internet address: www.cdc.gov/nchswww/